

IsaLean® Bar Natural Oatmeal Raisin

Nutrition Facts

Serving Size 1 Bar (60g)

Servings per Container 10

Amount per Serving	% Daily Value*		
Calories 210	Calories from Fat 50		
Total Fat 5g	8%		
Saturated Fat 3.5g	18%		
Trans Fat 0g			
Cholesterol 15mg	3%		
Sodium 85mg	4%		
Potassium 130mg	4%		
Total Carbohydrate 28g	9%		
Dietary Fiber 4g	16%		
Sugars 7g			
Protein 18g			
Vitamin A	10%	• Vitamin C	50%
Calcium	30%	• Iron	4%
Vitamin D	10%	• Vitamin E	50%
Thiamin	10%	• Riboflavin	10%
Niacin	10%	• Vitamin B6	10%
Folate	10%	• Vitamin B12	10%
Biotin	10%	• Pantothenic Acid	10%
Phosphorus	10%	• Iodine	10%
Magnesium	15%	• Zinc	10%
Selenium	2%	• Copper	10%
Manganese	10%	• Molybdenum	2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Ingredients: Protein blend [whey protein crisp (whey protein isolate, whey protein concentrate, tapioca starch, calcium carbonate, lecithin), calcium caseinate, whey protein isolate], brown rice syrup, yogurt flavored coating (maltitol, fractionated palm kernel oil, calcium caseinate, milk protein concentrate, nonfat milk, yogurt powder, lecithin, natural flavor), maltitol syrup, polydextrose, raisins, rolled oats, water, high oleic safflower oil, natural flavor, cinnamon, vitamin and mineral blend (magnesium oxide, ascorbic acid, alpha-tocopherol acetate, niacinamide, zinc oxide, copper gluconate, calcium pantothenate, ferric orthophosphate, pyridoxine hydrochloride, riboflavin, manganese sulfate, vitamin A acetate, thiamine mononitrate, folic acid, biotin, potassium iodide, sodium molybdate, vitamin D3, vitamin B12), maltodextrin

Contains milk and soy (lecithin) ingredients.

Produced on equipment that also processes peanuts, tree nuts, egg and sesame.

